



## The Plunketts Have Left The Building

After many years living in the community of Paparoa, Brian and Rose Plunkett are retiring to Whangarei. Over the time they have lived in Paparoa they have contributed much to the village they chose to live in.

They came to Paparoa when Brian took a position as an engineer at the Otamatea County Council. In later years he also served as an elected councillor on the Otamatea County Council.

He became involved in Maungaturoto Rotary Club and has taken part in many of their projects over the years, being awarded the Paul Harris Fellowship. Rose has also played her part in Rotary, taking into their home many Rotary Exchange students from the Otamatea High School. She also has the Paul Harris Fellowship award.

Brian was on the governance board of the Otamatea High School while their children were students there. He has been very involved with Paparoa Football Club both playing for the local team and coaching JMB. He designed and oversaw the extensions to the club rooms from a small kitchen and gathering room to the community asset which we have here today.

What is now known as the Lions walkway from the Paparoa Pa to Pahi Road was Brian's project. He designed the walkway, organised the PPE workers to build it and oversaw the whole project. It has since been taken over by the Lions for the future up keep. This has proved to be a very popular walk both for locals and visitors to the area. Brian also initiated the Paparoa Depot Trust that hires out containers for people to rent for storage. This has raised a large amount of money that is distributed each year among community groups who made an application.

Rose meanwhile was kept busy raising their children and getting involved with other community things. She and her sister Dawn Eady started the first Playcentre in Paparoa in a couple of small buildings behind the football club. She became supervisor and also gained her liaison officer certificate. All her babies

were Plunkett babies and she supported Plunkett in Paparoa.

Brownies, Guides and Rangers came next followed by Netball. She coached the local netball teams both junior and senior for many years. Pony Club was also part of her



agenda both for their own children and those they fostered. During this time they fostered many children in their home for which Rose was awarded a Q.S.M. Rose is also a Justice of the Peace.

Their children grew up and moved away and new interests came along. Setting up Homebuilders (now Otamatea Community Services) with a team of other like minded people. Line Dancing became another sport to Rose also Exercise to Music and Marching.

Their contributions to the community have been many and leave a lasting legacy from their time in Paparoa/Maungaturoto.

Now they are off to a well deserved retirement and we wish them all the best for the next part of their adventure and I'm sure they will have everyone organised when they get to their village.

Rosemary Jones

## Paparoa Sports and Recreation Association Paparoa Community Mid Winter Dinner



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## Kauri Museum New Director Arrives

The Kauri Museum's new Director will be arriving to start work in the second week of June. Canadian Barbara Hilden was appointed as the Museum's new Director in February. Visa processing timelines and COVID travel restrictions has meant she has not been able to travel to the Museum until now.

"It's been incredibly frustrating not being able to jump on a plane and start. However the past two months have been very productive working with the Board and staff. We've been able to further develop details of the redevelopment projects currently under way and do some critical thinking about the future of the Museum. Everyone has been incredibly generous in accommodating the distance and I'm very grateful for the patience and enthusiasm that have been extended" Barbara says.

Barbara will be arriving with her partner Tom Long. The couple spent three months in New Zealand in 2019, travelling from Stewart Island to Cape Reinga - and stopping at most of the Lord of the Rings sites in between. "We had a great time exploring Northland, Paihia and Waitangi, but only got as close to Matakoho as Waipu. It will be wonderful to finally get



there and settle in to our new home" she says.

The first things will be to set up house and meet the Museum staff and Board in person, after several months of zoom meetings. Barbara says she is looking very much forward to meeting Museum supporters and Friends. "There's a whole community to learn about, and an incredible team of

volunteers. Plus exploring the Kaipara and all it has to offer. It's going to be a very different winter experience to the Canadian version!"

Barbara is planning a series of Introduction Sessions at the Museum over the winter months, with long term Museum community members talking about a specific area of the Museum's collections - specially for newcomers like her. Some sessions she hopes to run will include Taonga Maori, the Museum's textiles, and the historic Smith family home, Totara House.

A formal welcome for Barbara will be held at the Museum on Thursday 16th June at 10.30am - all are welcome to attend. Keep an eye on the facebook pages of the Museum, Proudly Paparooa and Maungaturoto Official for further details.

Grant O'Neill



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## We Need To Know What's Happening!

If you have a local event that's coming up... Paparooa Press (and the community) want to hear about it.

So often we hear about things that are happening too late to get it out there, or we don't hear about them at all. Or we don't know who to contact...

We're here to help you publicise your fun activities, public meetings, workshops, whatever...

If you or your family are doing something interesting or amazing and you want to share your story - get in touch!

Let us know by the 20th of the month before and we can get something in for the following month.

Email [press@paparooa.org.nz](mailto:press@paparooa.org.nz)

## A reminder to our contributors!

We need all advertising material by the 15th of the previous month and all editorial copy by the 20th. We cannot guarantee the publication of any material received after these dates.

While we always welcome editorial content we reserve the right to decline or hold over any articles outside our regular columns.

Opinions expressed in Paparooa Press are the author's own and not necessarily those of the editorial team or PPI.



**Member-Northland District Health Board  
Libby Jones - New Northland Health Strategy 2040**

As a result of the NZ Health and Disability reforms District Health Boards will cease to exist after 30 June 2022.

They will be merged into Health New Zealand, the new organisation to create one national health system. The background to these reforms is the Health and Disability Review which painted a sober picture of inconsistencies and major challenges across the New Zealand health sector, including different health outcomes for different populations and demographic groups.

The review found that one of the greatest barriers to improving care in priority areas is the fragmentation of our health system. New initiatives have to be rolled out across 20 DHBs, 30 Public Health Organisations, 12 Public Health Units, and a range of supporting organisations. It is a slow and complicated process.

In the new structure, alongside Health New Zealand is the Māori Health Authority, working together to make decisions about funding health services for all. In some instances, the Māori Health Authority will commission services targeted particularly at Māori, such as kaupapa or rongoa Māori services. But in many cases, the Māori Health Authority will work with Health NZ on making sure that the services that are delivered reflect the needs of New Zealand's diverse communities, including Māori. This will ensure our integrated

health system delivers equitably for everyone.

The recent government budget has given a significant increase in health funding which is well overdue. Insufficient funding was one of the key battles we faced as a DHB over the time I have been involved.

Both of the interim agencies are now in place and key people are being recruited to the permanent roles. The system will take some time to be in place and the full changes to eventuate. In the meantime health services, including GP services and hospital care, continue as normal.

There will be four regions across New Zealand, Northland being in the Northern region. It is yet to be determined how local input will occur in each area, but localities are a feature of the new system. They will be designed to enable greater community consultation, involvement, and representation in how care is designed and delivered.

The goal of the new system is Pae Ora, which is Healthy Futures for all New Zealanders, specifically equity for all, sustainability of the sector, person and whanau-centred care, partnership and excellence.

On a personal level I had already decided I would not stand again as an elected health board director given that I had done it

for a number of years. However I will miss the involvement and opportunity to influence decision making at a governance level. Hopefully there will be opportunity at a locality level for an interested community member.

Stay well, Libby

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**But Wait There's More....**

Last month we told you how the Paparoa Press is put together and the work involved.

There is a bit more to that story that goes on so that you can receive PP in your post/letter box.

Our rural mail agents deliver the bulk of the Presses, but other people volunteer to make sure PP gets to a wide audience. Sally Taylor delivers to Te Pahi River Drive, State Highway 12 towards Maungaturoto, Ford Rd, Huarau Rd, Whakapirau Rd and Heatley Rd. Ken Chambers receives a bunch which he hands around Whakapirau, Steve Pope has six or so for his Marohemo neighbours and Pauline and Wayne Young finish off the far end of Heatley Rd. These areas are hand delivered as some properties are only occasionally occupied, so a little local knowledge helps wasting valuable copies. In addition, Vicky Hilton drops off copies in Maungaturoto to Tonys, Four Square, and selected retailers.

A couple of elderly former residents receive a posted copy for which they pay a subscription. The Press coverage extends from western Maungaturoto to Tinopai and inland to Taipuha, Mareretu and Ararua. All free and on time every month helping to keep our community connected.



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## Council Mark says - The times they are a-changing

Actually I'm not the first to say that, Bob Dylan beat me to it nearly sixty years ago. What's in the pot at the moment locally is the next stage of our district plan review.

Our planning team has been going as fast as possible in developing a draft for us all to consider before elevating it to the Proposed District Plan, which if you want to change it you would need to make a formal submission. The draft should broadly align with the Spatial Plan, which I liken to painting with a 6-inch brush

and using paint with a 30 year drying time. Part of the rush is to beat impending changes which will replace the Resource Management Act. Please watch out for it and take the opportunity to have your say.

This is just one of the spiky issues we have to deal with at present - after minor tinkering it appears that the Gummint is proceeding with the Three Waters reforms and the 'Claytons' form of asset ownership and loss of local accountability that goes with it; as a council we have to decide what to do with the \$16M sweetener being offered to help the medicine go down, or indeed whether or not to accept it.

A separate though related issue is the "Future for Local Government", and I have previously stated my view that the least radical outcome of this investigation, along with the 3 Waters and RMA reforms is that our council will become part of a new Northland District Council. With all these changes we need to make sure that we get the best deal possible for our Kaipara citizens.

Local government elections are coming up later this year, and if you are serious about wanting to be part of the solution in these uncertain times, do put your name forward. I will be.

Mark Vincent

Otamatea Ward Councillor  
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## Fun On Two Wheels

A group of local lads, fathers and sons we believe, braved the miserable weather on May 20th and headed off up north on scooters. They turned a lot of heads as they zipped out of town and we want to know more! So, anyone out there who was on this adventure who would like us to run a story, please get in touch with us here on [press@paparooa.org.nz](mailto:press@paparooa.org.nz).

Rumour has it that the mothers and daughters might also be planning a bit of a road trip but on e-bikes. Please let us know if this is true.

Maybe the absence of the males of the species was why Paparooa was so quiet at the weekend!

We hope the weather cleared and you had a great run boys!



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## COMMUNITY CHAMPIONS Stephen Findlay and Jane Bailey

This month we recognise a couple who have been supporting many people and groups in Paparoa.

Jane has raised her children in the area and is strongly supportive of other children. She has been on school committees over the years and now her children have left home she is supporting our local Play Centre on Tuesday and Thursday mornings.

Stephen is a member of the local Lions and, as current Project Manager, can be found all over the area organising community projects. These range from the walkway, firewood, Lions Caravan and supporting and helping our elderly people. Stephen is also on the Memorial Hall committee and both he and Jane are on the Sports and Recreation committee.

A great energetic couple who do a lot for our community!



PP

## Art Installations

Paparoa Connections has been continuing with the Sense of Place project of developing Art Installations in various forms in and around Paparoa.

The fantastic artwork on the Village Green toilets is the first of these to be completed and we are delighted with the finished result. Another artwork has also been created and will be ready to install at the end of the carpark in the not to distant future. It is a design by Geraldine Jenkins, painted on a large board by Stu Robertson. We are looking forward to the unveiling of this. We will keep you posted on the date for the "opening" on Proudly Paparoa Facebook as it will hopefully be in June. We are also considering a large feature mural on the wall of Skelton's Drapery facing the service station, and are needing to secure funding to make this happen.

We are still looking for other artists, especially those who can create sculptures or art in different forms that match the themes that were agreed from the community consultation, which was:

### Purpose of Murals:

\* To create a sense of place, identity connecting current residents, newcomers and visitors to the area.

\* Encouraging people to stop and appreciate the village

\* Tidy up the village

### Key Factors:

\* Murals and other art works both ways through the village and in other locations off main road

\* Interconnectedness of art installations to work together to build a bigger picture

\* Link with culture and history of area

\* Variety of art installations - sculptures, murals, other

### Themes:

\* Inclusive representation of our sense of place

\* Images of landscapes across the seasons

\* Inclusive for all people to be connected to the area

\* The universal imagery of the landscapes that has the power to harness human connection to our environment, to spark a sense of place, emotional response, triggering intrigue, curiosity and kotahitanga (unity)

If anyone has an interest in providing a proposal or an interest in being part of the Sense of Place group do get in touch via paparoa.connections@gmail.com

Libby, Kirstin, Janey and Geraldine

## Paparoa Community Mid Winter Dinner

It's been a long time between community dinners at the sports pavilion thanks to the pandemic. The sports and recreation association has a mid winter menu planned, a date fixed and are ready to go. All are welcome to come and enjoy good food, good company (and no dishes), and we especially welcome new members of the community. We have been running these for several years to raise funds to maintain the sports pavilion and to enable the community to get together for a fun night. Bookings are essential, get in early to save your seat. Let us know your dietary requirements at booking. (See front page for details)

Libby, PSRA

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## I've been thinking ... About Pinus Radiata

I don't dislike pine trees as such. In fact I quite like them, especially at Xmas, all dolled up and exuding the pleasant resin aroma. I admire a lone pine which has been allowed to attain gnarly old age with furrowed bark and knobby limbs supporting clumps of needles and cones.

I tolerate pine shelter belts and farm copses. Even the commercial forests can be grudgingly accepted as I appreciate the need for such enterprises which supply materials we all use.

What I absolutely hate is the idea that pine forests are such a good way of sequestering carbon that we should pay people to use land for that purpose alone. Simply plant pines, walk away and collect the money.

Other contributors to our Press (Stella and Mark) have already explained the harm pine monoculture does to the environment. I can only emphasise that.

Consider Ruarangi. When I first viewed this hill from the Oakleigh road it was grass covered, a perfect inverted v shape just like the mountains

in a child's drawing. Simple and special.

Then it was planted in pine trees. To facilitate their harvest roads were cut into the slopes. Now the trees are gone: the slopes are bare: the roads have accelerated the inevitable erosion. What of Ruarangi? Look at it today. One big festering sore.

Admittedly the carbon sequesters will not be building roads to harvest the crop. They would thus lose the easy money.

But.

Has anyone thought that these new pine forests will not only be carbon sinks. They will become fire bombs just waiting for a stray spark to release all the carbon back into the atmosphere. There is a certain irony in the Government's plan to reduce global warming

by taking such a huge risk of creating worse pollution and environmental degradation.

Planting native forests is a much better idea. They may not sequester as much carbon as quickly as pine but they would be so much more advantageous in the long term.

Firstly, native bush looks and feels better than dark dank pine forest. Its biodiversity is aesthetically pleasing and would form a recreational resource. Secondly the biodiversity itself is important, even in ways we don't understand yet, but certainly provides habitats for our endangered native flora and fauna. Other uses could be considered such as creating cemeteries as the Scandinavians do. Or even selective logging.

All this, and safer too. Bush is nowhere near as flammable as

pine forest.

I appreciate that the Government is trying to achieve a target for carbon reduction, but I would rather we safeguarded our land as well as our atmosphere.

Pine trees have their uses and their place. But NIMBY. RS



## It's A Dog Thing

### The path to 'loose-lead walking' with your dog.

Little did I know at 18 (going on 40) what lay ahead of me when I bought home a little lab cross with his shiny black coat and soulful eyes- he would test every ounce of patience I possessed.

We had an adventurous 16 years together from disposable nappies scavenged from the neighbours to living in a cow shed, as a rental that allows a dog is nearly impossible to find.

Over the past 25 years I have studied internationally to increase my understanding of the human-canine bond. I have gone from 'demanding compliance' to being a 'trusted leader' by showing them what I want by being clear, calm and consistent.

Here are some foundation exercises to get our dogs to walk nicely beside us **'It is possible!'**

This plan has worked for a lot of different teams that I have coached over the past few years, traits these teams share are being consistent and taking time.

**1.** Initially we need some food treats, these can be kibble (your dog's dinner). One will be in your left hand and is used as a 'lure', moved ahead of the

dog to show it where to go. The secret to not becoming a 'cookie dispenser' is **don't feed the lure** - we will feed them a 'reward' from your right hand.

**2.** Get your dog to follow the lure so they are almost licking it, if your dog struggles to follow the lure hand at the start you could encourage them by giving them a reward for moving a single paw forward to follow the lure. Soon they will be following well.

**3.** Once they're following your 'luring hand' move it around to your left, keep going until you're both facing the same way beside each other, now use your verbal signal for 'walking' (walking, heel, side) and then with your right hand get them a treat/reward.

**4.** While they are eating the treat move away, turn to face the dog, and repeat step 3 a few times.

Each training session only requires 4 or 5 repetitions of a step, you can do a few separate

sessions a day if you want. After your second or third session remove the food from your 'lure' hand so it will start to be a hand signal, if the dog stops following repeat step 2 without a treat in the hand.

Each time you start to lure your dog it should follow a little quicker until they are popping themselves around beside you, only say your 'walking' signal when the dog is in the same spot to create clear criteria.

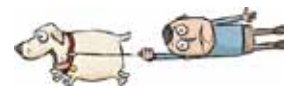


I am sure it seems strange to give a verbal signal for walking while you are standing still, but by removing the motion it is easier for the dog to work out where we want them to be.

When you are asking your dog to learn something new start teaching them in a quiet safe area. Once your dog has mastered what you want there, then you can move to another quiet safe place and start the learning process again. Each time you start from the beginning the process will get quicker, this will teach your dog that the same rules apply everywhere.

Before the next Press comes out aim to have taught your dog the same thing in a few places, at some point you will be able to say your verbal signal and the dog will pop around beside you, this is when you will be ready for the next article in this series 'Adding motion to a notion' I hope you have enjoyed these exercise ideas.

Ellisia Cleave



## Sustainable Crop Growth And Soil Health Workshop

“As a food producing community, imagine if we had the collective goal of ensuring half of our soil passed through a worm each year to achieve more nutrient dense food. Our communities would be healthier, our food chain could be more efficient and our land owners more profitable” Adam Cullen.

Grow Paparoa Whakatipu Paparoa are holding a workshop at the end of July on Sustainable Crop Growth and Soil Health. Some of you may have read in the April Paparoa Press an article about Adam

The main focus of the workshop will be sharing the knowledge of how we can improve the soil health of the participant’s land for the benefit of their health and the environment.

Drawing on Adam’s experience producing food using regenerative tools on an agriculture scale, participants will learn what is a healthy soil, why it is important for us, the environment and the world, the benefits of a healthy soil for crop growth and producing more nutritious food, soil composition, and



and Laura Cullen and their farming methods in Ararua. Adam and Laura produce food with the mindset of improving the environment and their farm’s resources, not following a formula but being adaptive to the conditions and circumstances.

sequestration of carbon and how we can all play a role. The workshop will be a combination of theory work (in barn) and field work (in nearby paddock). Although this workshop is to be held on a commercial dairy farm the principles discussed can be put

to good use in your own home garden as well as a commercial unit.

Our workshop had to be postponed because of Covid but it is now scheduled for July 30th 2022 10am-2pm. Spaces are limited so please contact Laura Cullen to reserve a place at cullandslimited@gmail.com

Laura

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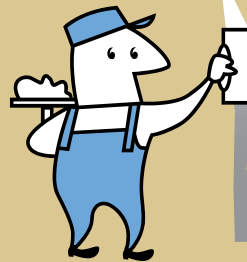
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## Letters from The Old Post Office... Being Mindful Here In Paparoa

Dear Reader, something a little different. Please bear with me in my feeble attempts at calm. Calm amidst the chaos. Breathe. Count to ten, hold for fifty, release for ten. Collapse on floor before reaching four. Oops, forgot to read instructions properly.

It was FIVE. FIVE, not fifty. Much like the bamboo blind installation, currently unable to roll up as clearly missed a vital roly up thingy. Read before one leaps should be the helpful saying.

However, am going to be mindful and like Dylan Thomas (no, not the fact he died a raving alcoholic) and look closely, listen clearly to life

around me. Although, if the visiting piwakawaka keeps up his swooping over cat's head there is a going to be death too. Timothy is pretty good at mindfulness. Minding his full tum tum. Peace, love and Buddha has its limits as far as he is concerned.

Dear Reader, here goes.

Listen. Magpies croaking and creaking. Their wings swatting the air as they swoop and slash, protecting their patch. A tui is roll-barrelling nearby.

It is quieter suddenly. Fantails flit and flick through the low branches of the lemon tree. I can feel the air disturbed rather than hear it. Midges, too silent for thought, swarm uneasily in the early morning currents of air. A slight breeze is rustling the manuka as it stirs at the edge of the lawn and the kikuyu trembles with the weight of the dew.

Bloody kikuyu, gets everywhere. Must get the weed eater out. Oops.

Back to being mindful.

Wonder how full the tank is?

LOOK. Am looking...

Look. The sun sneaking its' first brave finger of light into

the morning gloom. Clouds are slowly forming and moving into dreams of shape and the cut-out edges of the totara bind them to our horizons. It's shading the orchard, must sort that. No, no.

Listen!

Listening. I hear the door crash and the telephone ringing. I hear the builder's ute come to his usual crunching gravel stop outside. I hear the "Oh, bollocks!" as he realises a crucial piece of equipment has been left behind. Well, that's being mindful over for the day folks. Phew. It is really hard work this mindful thing. Much more fun to panic and run around in mindless circles. What is wrong with doing mindless rather than mindful? Lots of people seem quite accomplished at that.

Although Dear Reader, allegedly mindfulness means "dissolving the invisible walls that unawareness has built." (Sadhguru) Yeah, right. Try bleach. I am more of a "almost everything will work again if you unplug it for a few minutes"....(A. Lamott.) Wine works too.

Deb



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## OCS June News

We finally resumed our twice-monthly shopping trips to Whangarei, the first being enjoyed by a small group and hopefully when word gets around the following trips will be enjoyed as well. They will be on the 2nd Tuesday and 4th Wednesday of the month.

All going well we hope to resume the Community/Senior lunch in the St John Hall, Hurndall Street Maungaturoto. We are aiming to start on Wednesday 6th July and subsequently the first Wednesday of each month.

We have a young woman showing people how to Shop With a List (SWAL). If we have enough numbers she will take people to Dargaville with their list, to shop for ingredients for economical healthy meals. She will make a meal as an option for them to shop for.

Take care and stay safe  
From all At OCS

Ph 09 431 9080 or email reception@otamateacs.org.nz

20

### REMEMBER!

Either way it's 20k

when you pass a school bus that's picking up or dropping off children.

20



## Goings on at Grow Whakatipu Paparoa Inc

Grow Whakatipu Paparoa Incorporated had a wonderful summer season of fruit and vegetables. We also have a change of treasurer and wave goodbye some community stalwarts.

Between October and the end of January we noted each harvest that went out to the two foodbanks we supply.

This consisted of: 222 bunches of silverbeet, 6 pumpkin, 22 broccoli, 20 cauliflower, 65 cabbages, 197 bunches of kale, 48 bunches of celery, 118 bunches of rhubarb, 105 lettuces, 34 bunches of carrots, 109 courgettes, 49 pak choi, 29 bunches of beetroot, 7 bags broad beans, 102 cucumber, and 52 bundles of beans.

We were donated beautiful telegraph cucumbers and kumara during this time as well. Added to the above were peaches, plums, pears and so many boxes of tomatoes from the gardens that we lost count. We became so busy on harvest Sundays we forgot to note the numbers.

During the holiday period to give our volunteers a break we only worked Thursday and Friday mornings in the gardens, with Aladdin's Cave, our garage sale, continuing their normal opening hours each Saturday between 10am- 1pm.

We have started planting out brassicas like cauli, broccoli, cabbage, pak choi, tatsoi, silverbeet, kale, beetroot, and spinach. We still have plenty of planting space and as Rowie from Salt River Nursery donates them we will continue planting through the winter season.

**NEW DATES: Sustainable Crop Growth and Soil Health Workshop - Saturday 30th July.**

**Spring Community Dinner - Saturday 1st October 2022**

Laura Kateley Cullen has taken over the treasurer's job from Jenny MacKinnon who has run our finances for over eight years. Jenny has balanced our books to the last cent and deserves a good rest. Thank you Jenny for those years of volunteering and to Laura for stepping up.

Grow Paparoa Inc this month also say a fond farewell and thank you to Rose Plunkett and her husband Brian who have been members of the Paparoa Community for well over five decades. Rose, along with her friend Rosemary Jones, have long been associated with

helping those in need in this community.

Rose and Brian's garage has been used as a collection point for food for people who registered their need with Rose and have received Arty Farties and now Grow Paparoa's vegetables for almost 10 years. Each week food would be harvested and dropped off, Rose would text those she knew who needed a little extra help with feeding their family and within a few days all the food would have been collected. This was a seamless, contactless process that continued right through the Covid lockdowns. Our gardens were worked, food was harvested, collected and distributed, all with just a few texts to the right people.

### How did all of this start, and why?

Rose and Brian often fostered children, adding to their already sizable family, welcoming them into their home on the corner of Paparoa Oakleigh Rd and SH12.

During these years Rose and Rosemary were involved with a small group in Maungaturoto called Care and Share which was run by Irene Smith and involved a number of local businesses.

Rose and Rosemary secured funding to set up Homebuilders in the Otamatea area. Their main aim was to help families in crises and who may have children at risk. For 18 years, from 1989 to 2007 these two women and their team of dedicated helpers supported 30 to 35 families per year.

It's important to remember those who worked so hard for their community. The names may not be familiar to many but those people were the unsung heroes to families who were in need. As well

as Rose and Rosemary, there was a core local team of Jan Robinson, Ngaire Kramer, Stephanie Wilson, Georgina Kingi, and Martha and Peter Walters.



Rose, seated, and Rosemary, standing behind.

Homebuilders was eventually taken over by Otamatea Community Services, but Rose was still the 'go to' for people in need in this area and the Plunketts' door was always considered open.

In due course Youth and Whanau Focus Inc was set up - no one was turned away, old or young.

Rose was always very strict about keeping the privacy of the people they helped, which is why so many people trusted her. And we knew our produce was going to the people who most needed it.

Rosemary and her husband Chum are now retired and living in Ruawai.

Rose and Brian will soon be going to live in a brand new unit in the Somerset Retirement

## GROW WHAKATIPU Paparoa Inc

Village in Tikipunga with their two pets, dog Holly, pictured and recently clipped, and their cat, Hector.

Recently our group presented

Rose with a lovely white peace lily, (on the small table beside Rose). Such a small token, but it's hard to know how to appropriately thank someone, for giving so much of themselves to so many people for so many years. Perhaps it should be thought of as just a small recognition of all the "peace" Rose and her team were able to bring to the lives of those they helped whether that peace came in the form of food, counsel or just a listening supportive ear when no one else was there.

Grow Paparoa Inc wish Rose and Brian all the best for their new life in Whangarei. Bless you Rose and your team and again, thank you.

### So, where to from here, where does our food go to now?

Of course once our food stocks build up again with our winter vegetables we will continue to support Otamatea Community Services and once Rose has passed on my details to her people hopefully a new system will be set up and we will be able to continue help with fresh produce. We are also supplying another group with fresh produce in Maungaturoto, through Otamatea High School.

We love to share our gardening knowledge with others so if you are at all interested please either give me a call or chat to Vivien at Aladdin's Cave on Saturday mornings.

Jan Dallas  
021 4317 24

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## Celebrating...

...almost one year in Ruawai!

To celebrate our first anniversary in Ruawai White Rock Gallery is holding a Winter Solstice Exhibition with an opening day on Friday 3rd June. There will be complimentary food and drink.

We would love you to join us to view the Exhibition of Art and Mosaics created by our local artists and to see the new crafts on display.

We are getting great feedback from visitors loving the fact that they can come in and choose a unique gift for someone special or even treat themselves. All work displayed in the Gallery is created in the Kaipara by our local artisans.

**NEW MEMBERS NEEDED!** Due to some of our members circumstances changing, we are now on the lookout for Kaipara artists to exhibit in White Rock Gallery.

If you would like to find out more have a look at our facebook page or contact Lorraine 021 250 8613 or email [whiterockgallerynz@gmail.com](mailto:whiterockgallerynz@gmail.com)

White Rock Gallery Committee



## Maungaturoto and Districts Rotary

Four of our Rotarians spent a Sunday morning upgrading part of the walkway at the Maungaturoto Country Club to make it more easily accessible for people with pushchairs.

Thank you to Stella, Gael, Tim and Keith for your efforts on this. It will make the area much more accessible, especially in the wetter weather.

While Covid has meant that our planned trips have not taken place, there was a group of individuals who met at Marohemo hall and cycled down to Tanoa. This was a great way for a like-minded group of people to meet and appreciate the beauty of our countryside and the Kaipara Harbour, whether their bikes were the traditional ones or E-bikes. Next ride - Marohemo Hall, 9am, June 18 (but not if it's raining) It is this aspect of the fellowship of Rotary that enhances the community service we are involved with.



Country Club Walkway Upgrade

Some of our members were able to join those who attended Anzac Day services and laid wreaths both at the Dawn Service in Maungaturoto and the mid-morning service at Matakoho.

There has been an issue with dogs roaming in Nikau Grove in Maungaturoto and we understand some people have been put off enjoying this fantastic resource. However, with the help of KDC we are hoping this matter has been addressed. There will be a sign going up soon stating that dogs in that area must be on a lead. It is important that we, as Rotarians, are made aware of anything that happens here or at Piroa Falls that detracts from the ability of people to make full use of the facility we have provided, so please let us know of your concerns.

Eileen Parsons 021 142 0357

## Cass Lagoon Saddle Track

An Interesting Track to Walk near Arthur's Pass!

We chose this trail from suggestions made by the DOC Information Centre when our plans were changed due to rivers being in flood.



The adventure started with being dropped off near Bealey by the West Coast Shuttle bus near the Bealey Hut. A perfect day followed for the hill walk up to Mt Bruce Pass. The views over the Waimakariri River were spectacular. My friend climbed Mt Bruce to enjoy a stunning view while I relaxed among the alpine plants, enjoying the company of some

native birds and a great view.

We enjoyed the varied track through the valleys and streams to camp later in the evening, meeting with Te Araroha through walkers and other shorter length travellers like ourselves. We were lucky to reach a beautiful newish Hamilton Hut before the rain set in. (Just a mere metre or so of rain) The hut gave us a great view of how quickly mountain rivers rise. This meant a zero day (as the TA walkers call it).



The next sections of trail gave us the Cass Pass with again great views and later a trail with lots of practice crossing the Cass River.

We came back to the road in time to see the "Coast to Coast" competitors battling a head wind as they cycled to Old West Coast Road for their next section. It was out of the bush for us before the next downfall of rain and snow that came down quite low on the hills around us (4 Deg C).

A bonus of the trip was a surprise meeting of Adele and her husband and friends, originally from the Kaipara – Joy and Kerry Bonham's lovely daughter.

So, if you are looking for adventure this is a great option!

Stella

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## Paved With Gold

Pahi's roads are paved in gold and I will tell you why that is so. If you go back to the beginning of European settlement in the area, the industry was timber, more timber and nothing much else.

Boats coming from England came with passengers and were loaded with equipment of every kind needed to colonise New Zealand. Australian boats were the same. They had equipment and passengers and the boats from both places returned to England loaded with timber.

Boats coming from San Francisco were slightly different. They were coming down to get timber to help rebuild San Francisco after their giant earthquake and subsequent fires. They came down to New Zealand with ballast and returned loaded with cargoes of timber. It's the

ballast that they carried that interests me. The majority of the ballast came from the Californian gold fields. The overburden from the seams of gold was broken up into manageable stones and stowed as ballast. When they got to New Zealand the ballast had to be taken out. Some was jettisoned into the harbour and some was carried ashore at places like Pahi. Some of the stone was broken up into finer pieces and used for the foundation of the road that runs to this day from the store and up the hill. So I claim that Pahi's road is paved with gold.

K.B.



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## A Relief Postie's Tale Of Crystal Ball Gazing

The day starts early... Into the sorting room to sort the day's mail. It should be pretty straight forward really- and it is for the postie who's been doing the run for years. They've seen all the comings and goings and know who lives where, even if the names don't match the sorting room slots.

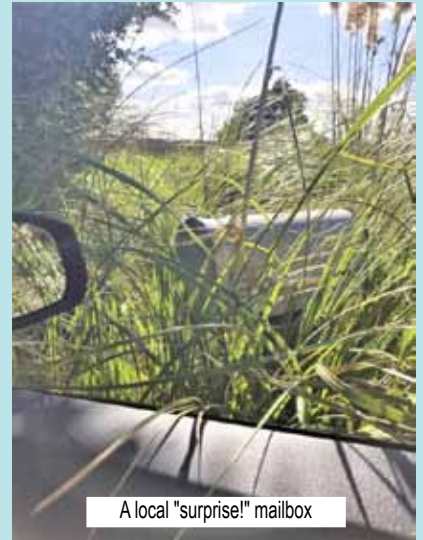
They know that a letter addressed to Mrs X Dweller at 37 This Rd, should actually go to 82 That St because she moved 3 years ago and a few notifications got forgotten.

They know that a power bill addressed to Mr I Longtime-Resident, Reallylong Rd, is for Ian at number 1793.

They know that something addressed to Mr D Youknow, RD2, is Dave at 854 Some Rd.

They know that four houses on Short St (but not all the houses) share a mailbox, but it only has one number on it.

They know that the box with a 6 on it is actually 16 but the 1 fell off. Two years ago.



They even know what number all the boxes with absolutely no numbers on them (sometimes in groups of 2, 3, or 4) are. And which neighbours will pop mistakes in the right box, and which ones won't.

They just know.

But... then along comes a relief postie...

They can remember some of the above. They learn it slowly. But in the meantime there's a lot of head scratching and swearing.

They get out on the road, deliver letters, papers and parcels to beautiful shiny, numbered boxes. To old microwave ovens in varying degrees of "holding it together" (beware the ones where the door shuts but the hinges are gone). To boxes with no front, or back, or both. To boxes hiding behind bushes, toitoi and gorse. To wasp nests and cockroach hotels... and no numbers.

They stop, scratch their heads, swear, ring the regular postie, and sometimes miss a box completely. It was probably just a bill anyway...

The parcels, lots of them, have been sorted into areas, then into the order they will be being delivered - allowing for where side roads (and there's a lot) fit in the scheme of things. They're scanned and stacked into the van, in order, and hopefully stay in place. Every corner is a potential disaster with the possibility of a rogue parcel rolling into a gap and hiding there, waiting until the van is 20km past the address, when it will pop up and say "Hi! Remember me?".

So, if you think your mailbox could do with a little TLC, get out there! Fix the door, replace the number (both sides is better than one side, or just on the front), bang another nail in if it's falling off it's perch, pull out or cut back the weeds and bushes that make access difficult, fill in the muddy hole in front of it...

And if your parcel track & trace said "Out for delivery" but it didn't arrive (a pretty rare occurrence by the way) it's probably one of those naughty ones that saw a gap and took it.

M T Mailbox

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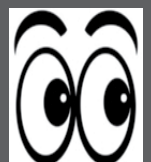
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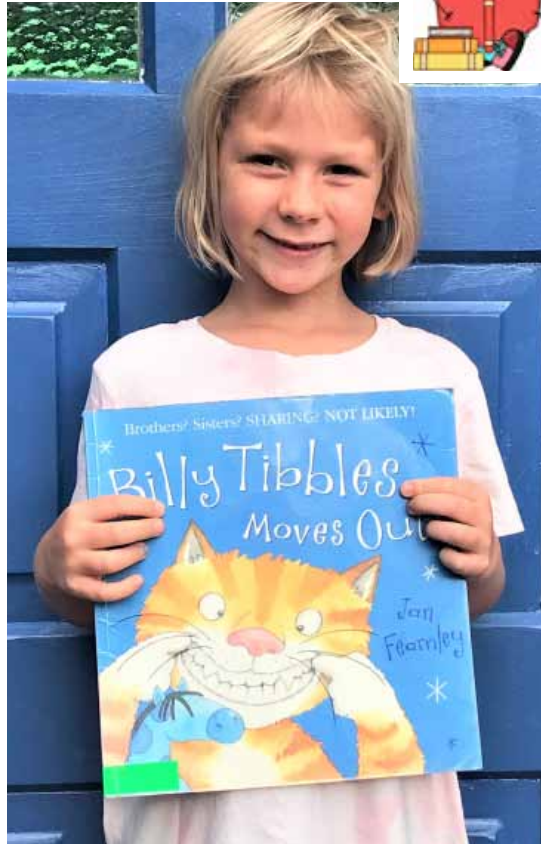


# Billie's Book Corner

Book Reviews By Billie Smith



**Billy Tibbles Moves Out!**  
 This book is about a cat called Billy and his family. Billy loved his room and toys but he didn't like sharing. Billy's Mum and Dad told him that his baby brother was going to share his room. Billy thought about it... "I DON'T WANT TO!!" he said. Baby Eric's cat got moved into Billy's room. Billy was so angry he went to find a new room. He tried the bath but the bath was too hard and his sister needed to go to bed. He tried the shed it was too creepy. Billy went to his bed. Little Eric was bouncing on it. Everyone joined in. Creak, bang... CRACK!! The bed broke. Everyone went to bed together.



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## Paparoa Community Library



As of Monday 2nd May 2022 Paparoa Community Library will be open on the following hours:

- Monday 2pm - 4pm
- Tuesday 11am - 1pm
- Wednesday 2pm - 4pm
- Thursday 11.30am - 1.30pm
- Friday 11am - 1.00pm
- Saturday 10am - 12midday

Out of hours books can be returned to the returns box inside the door to the right at Skeltons Drapery

Jas Futter  
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### What's Not

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**Pets in the Valley** 

A big change for Paparooa is Rose and Brian Plunket moving on. They have lived on the corner of Paparooa-Oakleigh Road since 1966 which is longer than I've been around. I think my first ever Pets in the Valley article was on Rose and her cats and dogs that she was breeding.

You may remember when there used to be a sign outside their place when there were kittens for sale - time moved on and the internet was where animals became advertised for sale. My brother-in-law went down to get a signature witnessed by Rose in her JP role and returned with the most delightful Ragdoll kitten. He said it cost an awful lot to get the signature witnessed!

I have loved being part of her enterprises. There is nothing nicer than getting to see such lovely puppies and kittens when they are well for vaccinations. They were always so well socialised because the kittens were used to puppies and vice versa. Throw in some grandchildren and those youngsters were well prepared for the world.




The photo from Nov 2012

So big changes ahead for Rose and Brian - down to one cat and one dog, I wish them well in their next life phase and hopefully we'll get to see them popping down now and again.

Janine

**THE HERBALIST**

**Parsley**  
**Petroselinum crispum**



Some think it is just a garnish but it can freshen your breath, improve your digestion, and decrease oxidative stress.

"It is full of antioxidants known as flavonoids, which research shows play a role in fighting heart disease and cancer." (From Healing Spices by B Aggarwal.)

The best known of parsley's medicinal powers is as a diuretic. This can help with urinary infections, kidney stones, cystitis and edema.

Parsley is also great for the appetite and helping with bad breath. It is high in Vitamin K which is helpful to decrease coronary artery calcification in adults. Parsley is also an excellent source of folate which can help keep our homocysteine levels low.

Parsley is best eaten fresh and can be used to make pesto.

2 cups parsley leaves (flat leaf is best)

1/2 cup coriander	1/2 cup walnuts
1/2 cup parmesan cheese	1 large cloves crushed garlic
1/2 tsp salt,	1 Tbsp lemon juice
1tsp paprika	1/2cup of olive oil
1tsp of lemon zest	

Blend in food processor and enjoy on crackers.

Vicky

# Good Keen Blokes/Blokeses

*Or People You May Or May Not Meet Down The Pub...*

Just like the Scarlet Pimpernel, Nerissa is often sought. We can seek her in the kitchen, we can seek her in the bar, in fact Nerissa is to be found fulfilling all sorts of roles within the pub. It is hard to know where she is at any moment as she moves rapidly from place to place, calling greetings as she goes.

Nerissa and her family, originally from Whangarei, have finally come to rest in Pahi. (She just wants to mention that she had worked in Ruawai at The Kumara gardens with The Judds in the late 1990's, so was partly acclimatised to the locals' particularities!)

It has been five years since she and some of her family returned from the Gold coast, Australia. Three of their daughters have remained in Australia, along with her much missed six grandkids.

to organise and work in these events. During this time she also had her own Asset Maintenance business, but having 10 properties to look after every week took a toll on the body and the mind!

Returning home after 11 years the family spent time up north recharging then moved to Pahi. Reversing the brain drain, naturally.

Dropping her resume off to The Village Cafe first, she then approached the Hotel. None were looking for staff.



Recently, Nerissa has decided to step back a little from her work roles at the Thirsty Tui and just focus on front of house. She needs a rest, a rest that she thought would be achieved after leaving her stressful work roles over the ditch.

Her work has previously taken her to such places as The Poenamo Hotel and Cobb N Co. In their hey- day they were fairly interesting places to be. The old Po Hotel and its' range of politically incorrect competitions. Nerissa says that at no stage did she participate in any of these!

Moving to Queensland, Australia after her third child was born she jumped straight into the hospo area, working in Corporate events that catered for the great Rugby players, "private" politician parties and fancy racecourse events. Nerissa would not share any lurid details although I offered to make some up. However, she absolutely loved helping

However, as Nerissa was leaving the pub who came out to greet her, but Gerard, the then General manager at the time and asked if she could trial the next day. She could, and she did.

Nerissa started working in front of house where all the local community ask just as a matter

of course "Who you are? Where are you from? How old are you, favourite television programmes, natural hair colour?", etc etc. She let them know that they had moved into Bruce Dodd's home and from then on she became accepted by the lovely locals. Although Nerissa did say that dancing on tables was *not* really acceptable, fun but not safe and the dining guests *do* tend to object. Sights of exposed manly tums in the public bar also seemed to upset some customers. Who would think? Asked to give the Head chef a hand in kitchen for an hour Nerissa then found herself an interested audience as Gerard and the soon to be ex Head Chef segued into quite an argument. And, well that's when she ended up working in kitchen for quite some time.

Nerissa has enjoyed her time here in Paparoa, meeting some amazing and amazingly interesting people. However, her future plans are still being

decided (she has recently resigned as a full- time worker) at the Hotel but the locals will no doubt continue to see Nerissa dashing from one job to the next, despite her assurances that she is slowing down.

Yeah, right.

DC

**Paparoa County Depot Trust Inc.**

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# Environmentally Friendly Fabrics - The Winners And Losers?



Wool, cotton, bamboo, silk, rayon (rayon like products like lyocell, modacrylic), polyester, nylon, acrylic, spandex and polar fleece. So many types of fabric...

**Wool** - Is naturally grown, does not require large amounts of water, is biodegradable, water resistant, durable, warm and light to wear. No nasty chemicals are used in processing, just detergents. NZ is the world's largest producer of fine wool and the 4th largest producer of wool of any kind.

**Bamboo** - Pesticide and herbicide fertiliser free, is very fast growing, and yields 10x more than cotton per growing area. No nasty chemicals, only enzymes, are used in the fabric production. It is grown mostly in China but also in India, Indonesia, Pakistan and Afghanistan. It's light, absorbent, durable, cool to wear and biodegradable.

**Cotton** - Water usage is similar to fruit tree production, plus it requires fertiliser, herbicides, fungicides and defoliants for production. The fabric is light, absorbent, cool to wear and biodegradable.

**Silk** - Made from silkworm cocoons after they have eaten mulberry leaves. There are two types of silk- one where the silkworms are boiled alive and the silk thread unravelled from the cocoon, and two, 'Peace or Tussah silk', where wild silkworm cocoons are harvested after the insect has left. This gives a shorter thread as the insect cuts its way out and means it has to be spun together. This is a much more environmentally friendly production as long as natural dyes are used. Silk is a beautiful fabric to wear and look at, and is biodegradable.

**Rayon** - Viscose, Lyocell, Modacrylic, etc. Rayons are nice to wear and have many uses. They are all made from wood pulp, including eucalyptus trees, using chemicals (some nasty). Each type uses a different manufacturing process with some using lots of power. They are resilient, some are rainproof, and, apart from the chemicals, some are biodegradable. Polyester and viscose are breathable, moisture wicking and non-stretchy fabrics.

**Polyester, Nylon, Spandex, Acrylic** - Made from coal, petroleum or crude oil by polymerisation through pressure and heat. Fibres are made using a spinneret, an energy intensive process, but these fabrics are cheap to mass produce and buy. They are usually stain and crease resistant, easy to wash and quick to dry and can be made to be waterproof and warm. Some are made to copy wool, such as polar fleece (which may be made using recycled plastics). Used extensively in exercise wear and in a huge proportion of our clothing, they are versatile, dry quickly, very popular, but 100% synthetic, and take from 20- 200 years to breakdown.

**Conclusion** - Most of the clothing we buy is not biodegradable or environmentally friendly and will eventually spend up to 200 years before breaking down in the landfill. Yes, it's cheap and looks great and we (especially females) buy heaps of it.

On the plus side NZ wool is one of the most environmentally friendly fabrics we can buy so let's support our farmers!

Stella



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## Lemon Delicious Pudding

Lemon delicious is a classic winter pudding... self saucing and the ultimate comfort food, and perfect with vanilla ice cream.

### Ingredients

- 70 g butter softened
- ¾ cup caster sugar
- 3 eggs separated
- 1 tablespoon lemon zest
- ¼ cup self-raising flour
- ¾ cup milk
- ¼ cup lemon juice
- icing sugar for dusting

### Instructions

1. Preheat the oven to 180°C. Lightly butter a medium ovenproof serving dish.
2. In a bowl combine the butter and sugar and whisk with an electric beater for 3-4 minutes until light and fluffy. Add egg yolks and beat for a further 2-3 minutes until thick. Fold in the lemon zest, flour and milk then stir in the lemon juice.
3. Whisk the egg whites until they form firm, white peaks then fold into the creamed mixture. Pour into the greased dish and bake for 45-50 minutes or until puffed and golden.
4. Dust with icing sugar and serve with vanilla ice cream.





## It's A Matter Of Survival...



A type of male orb-weaving spiders have evolved a spectacular getaway after mating. The male catapults off the female's body at a speed too fast for the human to see with the naked eye.

This is a survival trick, as otherwise he would be liable to end up as dinner for his mate. The spiders have a joint in their front legs that enables them to launch at incredible speed using stored kinetic energy with a catapult-like action. Smart guys!

The tiny spiders come from Japan and China live in colonies of up to 215 and build connecting webs. The spider's name is philoponella prominens if anyone wants to learn more about them. Stella

## June Gardening Notes

Nights are drawing in and we are rapidly heading towards the shortest day. This very dry summer and mild autumn has contributed to deciduous trees prolonging the shedding of their leaves. Despite cracks still appearing in the lawns, the soil is warm. The effects of this can be rectified to a degree by mixing some water soluble crystals in a bucket of water with some liquid plant food and leaving for 1-2 hours to soak and swell- then add this to a large container of potting mix to form a slurry. Putting some into planting holes will give new plants a good start with even moisture content while their roots get established. Epsom salts can help plants overcome transplant shock - either give a light sprinkling and water in on the topsoil near the base of plant, or put in the bottom of the plant hole and cover with a little dirt before planting. This will give fertilizers and soil a much need boost of magnesium and sulphate. The additional minerals enable plants to receive more nutrition from the soil they are in, which in turn increases the plant's output.

In the vege garden get in some winter staples including onions, brassicas, like broccoli, cabbage, and cauliflower, silver beet and spinach. Six weekly plantings of various varieties of miniature lettuce in pots in warm sheltered spots, like on the terrace, away from slugs and snails will ensure a continuous supply of lettuce over winter/spring months. Plant seedlings out when showing at least 2 sets of true leaves. Protect brassicas from the last of the white butterfly with a dusting of Derris Dust both top and under leaves where the eggs are laid.

The green crop of mustard and lupins sown earlier have filled the vacant spaces and doing a good job suppressing weeds.

Prune fruit trees- remove any dead wood, shorten branches and open up the centre of trees for good airflow. Remove any debris. A good clean up spray of Copperox and oil on dormant fruit trees stops harbouring bugs and diseases over winter. Plants, trees and especially citrus show signs of a magnesium deficiency when leaves show signs of turning yellow. Sprinkle a tablespoon (15mls) per 30 cm of height once a month. Plant or replace older fruit trees- it's important to stake your new trees to support and help protect it from the elements. If planting in a sheltered spot just one stake secured to tree with soft ties will be required to keep the tree anchored and growing straight. In more exposed and windier sites or if tree is root bound double or triple stakes will give extra stability.

Remove and divide this year's strawberry plants. Plant the strongest shoots showing new leaves into pots to establish. In the meantime prepare a new plot - I use a pallet filled with new potting mix/compost and fertilized with strawberry manure and epsom salts. Well established plants will fruit earlier and for longer over spring and summer. As a rough guide allow 5 plants per person.

In the flower garden to give a splash of colour over coming winter months flowering annuals such as alyssum, pansies, stocks, polyanthus, and sweet peas growing on frames can be planted now. Lift any remaining dahlia bulbs and store in a cool dry place.

JR

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## Who Does This?

A lovely stream and native bush defiled by humans. It just costs so little for a rubbish bag - and it's picked up near your home so no need to buy petrol to transport the rubbish to someone else's property!!

**Please please don't do this!**

KDC has to pay people to drive out and clean it up. This is paid for in your rates or in your rent!

Be a decent New Zealander and keep our roadsides and public areas clean and green!

Most of the dumped items in this case were glass bottles and paper - all easily recycled.



## NO BULL...

The "Lady-Lunchalots" and a few latte sipping blokes got more than they were bargaining on while enjoying a chatty Friday morning at Zest in May... A cattle truck, whose driver had stopped for a pie or coffee, was slowly pulling back onto the road when all of a sudden - and much to the horror of the aforementioned - a beast popped out onto the road right in front of them.

The local cowhands put down their lattes and herded the poor creature, who was by now back on it's feet, dazed and confused, down to the showgrounds stockyards.

The truck driver was somewhat alerted and made his way back for his somewhat bewildered passenger.



## OUT & ABOUT AROUND TOWN

**Paparooa's Farmers' market** happens every Saturday morning, 9am - 12 at the Village Green. Fresh fruit & veges, sweet treats, plants, olive oil, fish, preserves, live music and so much more. A great place to catch up with friends or make new ones.

**Flax Weaving At Shop & Brew** on Sundays. Bring some flax and learn under Naadi's tuition. Feel free to come in and try it out.

**Al's Upholstery** has moved and is now at 144 Franklin Rd. See the ad on p4.

## WANTED

### Paparooa Press Team Members

Would you like to be part of the monthly edition of Paparooa Press?

Could you become a regular contributor or could you submit an article 'now and again'?

Could you be a roving reporter recording local goings on or perhaps write up a story on local people or businesses.

We would welcome your input, as in recent times some of our original team members have 'retired' leaving us with shortfalls in editorial. You may (or may not) have noticed that lately we have filled just 16 pages when we used to run a good 20 every month! There are always plenty of valuable advertisers - but who wants to just run advertisements?

Email us at [press@paparooa.org.nz](mailto:press@paparooa.org.nz)

## Paparooa Motor Camp

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## Community

### Information Evening

### Paparooa Speed Limit Proposals

### Have Your Say!

Paparooa Hall

Between 5pm and 7pm

Thursday 9th June

The Speed Limit Review for Paparooa as part of the North Auckland region is now open for consultation from Waka Kotahi (NZTA).

Community feedback on these proposals must reach NZTA by **11am 14 June**

Come along to find out what NZTA is proposing for Paparooa and have your say.

*Be heard about road safety in our village.*

Tea and coffee provided

**WHAT'S ON - JUNE 2022**

**The Kauri Museum** open 7 days, 9am-5pm

Welcome the new Director - June 16, 10.30am, at The Kauri Museum

**Info evening re Paparoa speed limit proposals** - June 9, between 5 and 7pm, at Paparoa Hall

**Sports & Recreation Association Community Mid-Winter Dinner** - June 18, at Paparoa Sports Pavillion. Bookings essential. See front page & p5 for details.

**REGULAR EVENTS, MEETINGS AND ORGANISATIONS**

**Anglican Church St Marks** 1st, 2nd & 4th Sundays 10am, Hook Road, Paparoa

**Ararua Church** 10.30am every Sunday. All welcome Ph 431 6622

**Art Studio, Ruawai** Wed 10-12noon ph Frances 439 2554

**Badminton** Thursdays 7pm Paparoa Hall \$2 students, \$3 adults, Pete 021 056 7163

**Exercise to Music** Tue 10.30am Paparoa Hall \$5 Ph Rose 431 7418

**Farmers' Market** Every Saturday 9-Noon, Village Green, Graham 027 475 4490

**Grey Power** Last Wed in month, 1pm, Anglican Church Hall, Maungaturoto

**Grow Paparoa** Thur/Fri/Sun 10am to 2pm at the Community Gardens

**Holy Trinity Anglican Church**, Maungaturoto, 1st & 3rd Sundays, 10am; 2nd & 4th Sundays, 4pm. All welcome

**Kaipara Marching Team** Weds 4-5.30pm, M'gto, Ph Rose Plunkett 431 7418

**Line Dancing** Thurs 10am-noon Paparoa Hall Ph Rose 431 7418

**Mainly Music** Wed 9.30am Paparoa Comm Church, Lynaire Porteous 431 7520

**Matakohe Garden Circle** 1st Weds each month, 1pm, J Mackinnon 431 6689.

**Maungaturoto Opportunity Shop** Open Mon 10-1pm Wed 10-3pm Fri 10-3pm

**Maungaturoto and Districts Rotary Club** Maungaturoto Centennial Hall, Tuesday evenings 6pm, Ph Stella 021 149 0877

**Otamatea Quilters** 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262

**Outdoor Bowls** Maungaturoto Green Ph Tony 431 6026 or Brian 431 6884

**Pahi Hall** available for hire Ph Tina 0210335128

**Paparoa Community Church** Sundays 10.30am, 4 Hook Road, 431 6795 or Dave Porteous 0274 180 676

**Paparoa Garden Circle** 2nd Wed of month. Contact Raylee Over 431 6880

**Paparoa Hall** Functions venue Ph Robyn 431 7306 or a/h Loraine 431 7290

**Paparoa Library** Mon, Wed 2-4, Tues, Fri 11-1, Thurs 11.30-1.30, Sat 10-12. Manager Jas Futter 022 678 1474. Returns Box at Skeltons

**Paparoa Lions** Dinner Meetings 3rd Mon in month 6.30pm, Sports Pavilion

**Paparoa Playcentre** Tuesday and Thursday 10am-1pm Visitors Welcome

Ph Kirstin 431 7373 txt 021 525 425 or Jane 431 6148 paparoa@playcentre.org.nz

**Paparoa Primary School** Term 2 May 3 - July 9, Term 3 July 26 - Oct 1. 4317379

**Paparoa Toy Library** Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330

**Paparoa Volunteer Rural Fire Force (VRFF)** 1st and 3rd Monday of the month 6.30pm Depot Rd ph Ken Ogilvie 021 129 4042

**Plunket Ready Steady Wiggle** Mon 10am Sports Pav. Tina Ball 021 033 5128

**Selwyn Centre** Thurs 9.45am for over 65's, St Marks, Hook Rd, Ph Sue 431 6224

**Sports Pavilion** Functions Venue Bookings ph Jane Bailey 431 6148

**St Mary's Catholic Church** Maungaturoto 10am Wed, 4pm Sunday

**Table Tennis** Tues 7.30pm, Sports Pavilion \$2 Pete 431 6822

**Tennis** Mondays 9.30am, 6pm Tuesdays Ph Sue 431 6224, or Pete 021 056 7163

**Yoga For Everyone** Monday 6-7pm Maungaturoto Hall, Tuesday and Friday mornings 9.30am Paparoa Sports Pavilion. Ph 027 294 4855

PLEASE UPDATE US WITH YOUR DETAILS: [press@paparoa.org.nz](mailto:press@paparoa.org.nz)

**Paparoa Press CLASSIFIED ADVERTISING**

**Paparoa Garden Circle**

2nd Wed of the month Meet at the Village Green for trading table and carpool to visit gardens and lunch back by 3pm. All welcome paparogarden@gmail.com

**Storage Available**

In Paparoa: Secure 20 foot Containers - contact Gary Dallas 021 431 712. Paparoa County Depot Trust

**Buy Local Support Local Help your community thrive**

**LOCAL TIDES for June 2022**

TIDES - CALCULATED for PAHI-WHAKAPIRAU

DATE	LOW	HIGH	DATE	LOW	HIGH
1st	18.06	12.08	17th	6.49	13.16
2nd	6.20	12.45	18th	7.43	14.12
3rd	7.08	13.25	19th	8.39	15.08
4th	7.49	14.08	20th	9.36	16.05
5th	8.35	14.54	21st	10.33	17.04
6th	9.24	15.45	22nd	11.32	18.06
7th	10.17	16.39	23rd	12.31	6.30
8th	11.12	17.37	24th	13.28	7.26
9th	12.08	18.38	25th	14.21	8.18
10th	13.03	7.02	26th	15.09	9.07
11th	13.58	7.56	27th	15.53	9.51
12th	14.51	8.48	28th	16.34	10.33
13th	15.44	9.40	29th	17.12	11.13
14th	16.35	10.33	30th	17.48	11.52
15th	17.27	11.27			
16th	18.18	12.21			

**Community Directory**

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

**COAST TO COAST HEALTH CARE**

Maungaturoto Medical Centre: 8am-5pm Mon-Fri .... 09 431 8576  
 Paparoa Clinic: Open Tues and Thurs 8am-5pm..... 09 431 7222  
 For urgent after hours medical service (Wellsford)..... 09 423 8086

**DISTRICT NURSE** Dargaville Hospital ..... 09 439 3330  
 Healthline - 24 hour service..... 0800 611 116

**HOSPICE KAIPARA** Dargaville Hospital ..... 09 439 3330

**KAIPARA DISTRICT COUNCIL** Helpline ..... 0800 727 059  
 Mangawhai Office..... 0800 100 388

**KAIPARA PHYSIOTHERAPY** Lyndsay Bargh/Lynne Rhodes...09 4391656

**LINKING HANDS** Health Shuttle Service, Maungaturoto.09 431 8969

**LIONS CLUB PAPAROA** President Jim Rowlands..... 09 431 7290

**MAUNGATUROTO PHARMACY** ..... 09 431 8045

**MAUNGATUROTO REST HOME** ..... 09 431 8696

**OTAMATEA COMMUNITY SERVICES** Community House 09 431 9080

**PAPAROA LIBRARY** Free Membership. Contact .....Jas 022 678 1474  
 Mon, Wed 2-4, Tues, Fri 11-1, Thurs 11.30-1.30, Sat 10-12

**PAPAROA PLAYCENTRE** ..... paparoa@playcentre.org.nz

**PAPAROA PLUNKET** .Plunket Nurse Louise 027 2823987 or 09 438 2508

**PLUNKET** Helpline ..... 0800 933 922

**PAPAROA PRIMARY SCHOOL** ..... 09 431 7379

**PROGRESSIVE PAPAROA INC (PPI)** .....Graham Taylor.... 027 475 4490

**PARENT PORT Inc.** free help for families Linda ..... .09 425 9357

**YOUTH & WHANAU FOCUS** South Kaipara, Rose .....09 431 7418

# Update from Progressive Paparooa Community Activator

## Urgent Waka Kotahi NZTA for Northland Speed Limit Review

Waka Kotahi have shared their proposed speed limit changes with PPI. The section relevant to Paparooa is SH12 Brynderwyn to Omapere. They have requested public feedback on these changes by 14 June. This is an opportunity to offer suggestions on what we believe is best and safest for our village. **Get your submission in by 14 June and be heard!**

For Paparooa this essentially means that the two current 70 km areas: Pahi Rd to just before Franklin Rd, and from Nurse Cavell to just below Skelton Cres have been revised from 70 km to 60 km, with some signage position changes that reduces the length of the 60 km area. The remaining portion through the village shop area remains at 50km.

We have some safety concerns that are not addressed by this proposal, that you may also like to consider.

Our previous feedback indicated that most people felt the current speed limits (70km/50km) were either too fast or not placed in the correct locations. And those who felt that the speed limits were sufficient, were aware that they were often not adhered to.

The new speed limit of 60km east of the Thirsty Tui carpark, still allows for cars to exit the carpark directly onto a blind corner. Also, the Franklin Rd subdivision is now underway, and the soon-to- be-open walkway directly from the subdivision to the bridge is likely to increase foot traffic to this area, including crossing the road to The Landing, or the Hotel.

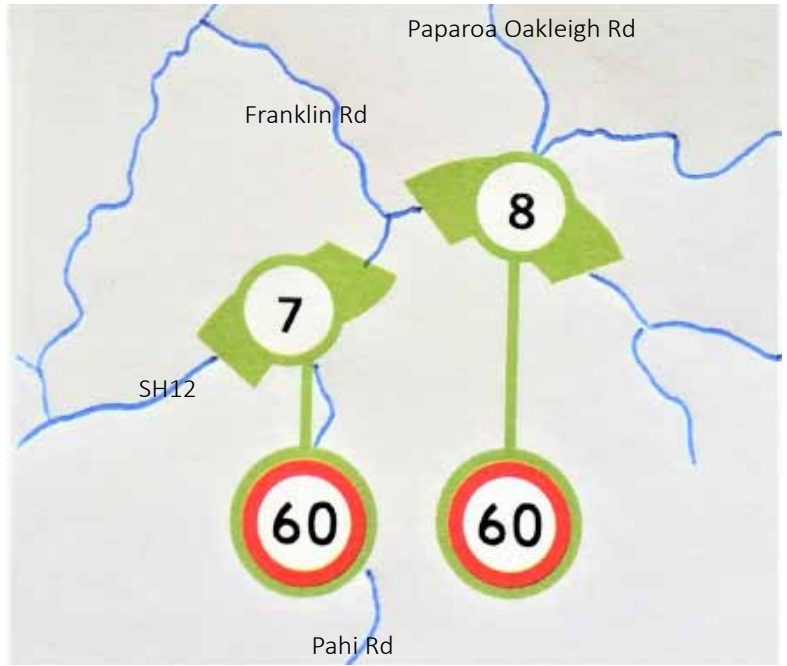
All footpaths leading into the village are used by children and adults on the way to the school.

With the proposed 60 km area commencing well below the Paparooa Oakleigh Rd turnoff, cars waiting to turn right onto that road, are still at risk from fast traffic behind them.

You can view all the maps online at:

<https://nzta.govt.nz/projects/northland-auckland-speed-reviews/proposed-speed-limits/>

You will need to click on the document for SH12 Brynderwyn to Omapere. You will see Paparooa included on that map, with the changes marked in green.



Val/PPI

## 5 Questions for Tina Smith

**How long have you lived in the area?** Just over two years.

**What brought you here?** We wanted our children to grow up in a rural environment where they have more space & freedom.

**What do you do here?** I'm a mobile hairdresser and also have a husband and two gorgeous girls.

**What do you like about the area?** I love how friendly & welcoming the area is plus love visiting beautiful Pahi in the summer.

**What things would you like to see happen here?** A cheap gym. Excited to see how the area evolves as more families move here.



PP

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